



<b>education, and training and the world of work.</b>									
<b>Personal/Social</b>									
<b>Standard 7: Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.</b>						X	X	X	x
<b>Standard 8: Students will make decisions, set goals and take necessary action to achieve goals.</b>									
<b>Standard 9: Students will understand safety and survival skills</b>									

*Gifts and Talents for Teenagers: Discovering Your Unique Strengths* by Carol Carter can help students open a pathway in their hearts and minds leading to self discovery. With questions posed in both the book and in the curriculum, students have an opportunity to explore and reflect on their thoughts. The curriculum materials and lessons are prepared for 50 minute class periods. Chapter evaluations have been designed to gauge the strategic thoughts and actions the students are applying to their lives as a result of the materials. Journaling activities are provided throughout the curriculum.

As the teacher or school counselor is presenting these lessons, they could also touch on additional ASCA (American School Counselor Association) Standards. See [www.schoolcounselor.org](http://www.schoolcounselor.org).

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