

Gifts and Talents
Chapter 1
Quiz

Multiple Choice

1. The best way to discover what your gifts and talents are is to:
 - a. watch what everyone else does and do the same thing
 - b. read about the things you love
 - c. try new things
 - d. b and c

2. Late bloomers are:
 - a. people who aren't as talented as early bloomers
 - b. people who were lazy as kids
 - c. people who realize their gifts and talents later in life
 - d. people who garden at the end of summer

3. Once you identify your gifts and talents you can:
 - a. choose activities that put them to good use
 - b. do things that make you feel strong and capable
 - c. enjoy your free time
 - d. all of the above

True or False

4. It is better to be an early bloomer than a late bloomer.
True False

5. Everyone has natural gifts and talents.
True False

Fill in the Blank

6. A book that incorporates various pictures, writings, clippings and work of a person is called a _____.

Essay Questions

7. What natural gifts and talents did Shakira have that helped her in her career?
8. Write one paragraph explaining the difference between a late and early bloomer?
9. Why is it important to resist the urge to be like everyone else?
10. Interns generally work hard for little or no money. Why do you think they do that?

Gifts and Talents
Chapter 2
Quiz

Multiple Choice

1. Self-knowledge
 - a. involves learning things you like about yourself and things you don't like
 - b. happens immediately
 - c. helps you choose your career
 - d. a and c

2. Your social style
 - a. often dictates the type of life you lead
 - b. assists in determining gifts and talents
 - c. indicates how you interact with other people
 - d. all of the above

3. Reserved people
 - a. focus on their own performance
 - b. are energized by big groups of people
 - c. are very outgoing
 - d. are usually very talkative

4. **True or False**
Emotional smarts involve how well you understand your feelings and the feelings of other people.
True False

5. Outgoing people are energized by big groups.
True False

Fill in the Blank

6. A strong liking, desire or devotion to an activity, object or concept is called a _____.

Essay Questions

7. Why does Oprah inspire so many people?
8. How did Lisa Knoppe-Reed use her passions for painting and teaching to create a business?
9. Write two paragraphs explaining emotional maturity.
10. Why would discovering who you are take time?

Gifts and Talents
Chapter 3
Quiz

Multiple Choice

1. Kinesthetic learners
 - a. enjoy watching videos as a way to learn
 - b. usually like to sit still and learn by listening
 - c. must see something on a blackboard before they understand it
 - d. none of the above

2. The left hemisphere of the brain controls:
 - a. math
 - b. music
 - c. spatial abilities
 - d. imagery

3. Skipping steps in a learning process:
 - a. may be a quick way to get something done, but it cheats you out of learning your strengths
 - b. creates mastery
 - c. can cause you to lose respect for yourself
 - d. a and c

4. **True or False**
Becoming a music teacher would probably be a good profession for an auditory learner.
True False

5. There are four hemispheres of the brain.
True False

Fill in the Blank

6. A capacity for fully understanding something is called _____.

Essay Questions

7. Explain the difference between a kinesthetic learner and a visual learner.
8. Describe the type of learner you are and support with examples.
9. Write about the two hemispheres of the brain and what each does.
10. Explain how someone becomes an expert at something.

Gifts and Talents
Chapter 4
Quiz

Multiple Choice

1. An entrepreneur is someone who:
 - a. works for a big business tycoon
 - b. develops a business concept and assumes responsibility for developing it
 - c. inherits money from relatives
 - d. gives up on their dreams

2. Which of the following resources will help develop “career literacy.”
 - a. websites
 - b. job-shadowing
 - c. summer jobs
 - d. all of the above

3. Summer jobs can teach you:
 - a. how to manage money
 - b. how to market your skills
 - c. how to avoid helping your mom with the dishes
 - d. a and b

4. **True or False**
It’s possible for a middle school kid to have a business idea that makes millions of dollars.
True False

5. Determining your gifts and talents is one of the most critical steps to deciding career.
True False

Fill in the Blank

6. A profession for which someone trains and takes on as a permanent calling is called a _____.

Essay Questions

7. How did Kalpana Chawla develop career literacy?
8. How were things difficult for her in realizing her dreams?
9. Write a paragraph indicating how you could explore a career that interests you.
10. Write a short plan for securing a summer job.

Gifts and Talents
Chapter 5
Quiz

Multiple Choice

1. Chapter 5 outlines a systematic approach to setting and achieving goals. This system includes:
 - a. making a list
 - b. being realistic
 - c. waiting until you have everything perfectly planned before starting
 - d. a and b

2. The following can be mentors:
 - a. someone doing something you think is cool
 - b. a fellow student
 - c. a grandparent
 - d. all of the above

3. Ways to improve time management skills include:
 - a. determining what's important to you
 - b. listing what must get done
 - c. playing video games before doing homework
 - d. a and b

4. **True or False**
Effective goal setting includes creating both long term and short term goals.
True False

5. Mentors can assist in effective goal setting.
True False

Fill in the Blank

6. An action you can take immediately to help you realize your dreams is called a _____ goal.

Essay Questions

7. How did Clay Aiken succeed after being kicked off American Idol?
8. How does time management assist people in reaching their goals?
9. Identify a potential mentor and draft three questions you could ask them.
10. Identify someone you could mentor and write a paragraph explaining what you could offer that person.

Gifts and Talents
Chapter 6
Quiz

Multiple Choice

1. Chapter 6 talks about “dragons.” Which of the following could be considered a dragon?
 - a. lack of confidence
 - b. writer’s block
 - c. wanting to sleep-in instead of practice
 - d. all of the above

2. Circle the most accurate sentence about thoughts:
 - a. thoughts can actually help us overcome obstacles
 - b. thoughts have little impact on anything, action matters
 - c. we begin directing our steps with the thoughts we think
 - d. a and c

3. Danica Patrick excelled in what activity:
 - a. karate
 - b. race car driving
 - c. medical school
 - d. on American Idol

True or False

4. Dragons can symbolize intense human emotions like anger, sadness, or fear.
True False

5. Being afraid to let people see your talents can also be a dragon.
True False

Fill in the Blank

6. When something is inactive or not growing it is said to be_____.

Essay Questions

7. Explain how “dragons” interfere with success?
8. If someone told you they were afraid of being in the school talent show what advice would you give them?
9. Identify two common obstacles and three strategies for getting around them.
10. Annie thought art was important to study, but her school did not have a program. What are two ways Annie can overcome that obstacle?

Gifts and Talents
Chapter 7
Quiz

Multiple Choice

1. Which of the following examples could create an opportunity for someone?
 - a. getting good grades
 - b. wishing things could be better
 - c. volunteering at a local animal shelter
 - d. a and c

2. Which of the following passions could develop into a career idea
 - a. caring for horses
 - b. video-gaming
 - c. a love for cartoons
 - d. all of the above

3. Barak Obama initially went to
 - e. mechanic's school
 - f. law school
 - g. medical school
 - h. culinary school

4. **True or False**
Teens are too young to create opportunities for themselves.
True False

5. Seeking help from a tutor keeps a weakness from becoming a liability.
True False

Fill in the Blank

6. When something acts as a disadvantage or a drawback it is said to be a _____.

Essay Questions

7. Give an example from Chapter 7 of someone overcoming an obstacle. Write about their strategy to overcome it.
8. Write a paragraph on how a student who loves animals can create opportunities for themselves for a future career.
9. When someone spots a weakness in themselves what are two things they can do to strengthen in that area?
10. Write a paragraph on how a student who loves sports and talking can create opportunities an opportunity for himself/herself.

Gifts and Talents
Chapter 8
Quiz

Multiple Choice

1. Which of the following are opportunities for developing leadership?
 - a. running for student council
 - b. raking leaves without being asked
 - c. tutoring a neighborhood kid who's struggling
 - d. all of the above

2. When Wilma Mankiller set out to become Chief...
 - a. people were excited to see a woman run for the position
 - b. she had to overcome severe physical disabilities
 - c. b and d
 - d. she had to overcome disbelief that a woman could succeed

3. Indomitable means:
 - a. naturally gifted
 - b. applies gifts and talents
 - c. not able to be subdued
 - d. a weakness that can be overcome

True or False

4. Most leaders have enlisted the help of other people.
True False

5. There is really only one type of leadership style.
True False

Fill in the Blank

6. Taking the first move or starting a process is also called taking _____.
7. Michael Sessions campaigned to become _____ at age eighteen.

Essay Questions

8. Pick one person highlighted in Chapter 8 and indicated what made their spirit indomitable.
9. What common characteristics did you see in the people mentioned in Chapter 8. Write a paragraph sharing your insights.
10. In Chapter 8, Katherine took initiative in learning sewing while in eighth grade. What initiative can you take in your life? Write a paragraph regarding your answer.

Gifts and Talents
Chapter 9
Quiz

Multiple Choice

1. Thinking globally and acting locally involves ...
 - a. thinking about the world and joining a local acting club
 - b. understanding issues that are going on world wide, and focus on the day to day changes you can make in your own area
 - c. learning current events and committing to making change
 - d. b and c

2. Being true to yourself involves
 - a. listening to your instincts
 - b. modeling yourself based on the feedback of others
 - c. making a commitment to become an overachiever
 - d. asking others what they think you should do

3. In the article “How Long Will America Lead?” the author said people from other countries are outperforming Americans because
 - a. they are more talented
 - b. they are more intelligent
 - c. they are hungrier for success
 - d. they live in a better country

True or False

4. When you feel like a fish out of water doing something new, you should just quit doing what you're doing.
True False

5. Over achievers can exhaust themselves attempting to be perfect.
True False

Fill in the Blank

6. A natural or inherent aptitude, impulse or capacity is called a(n)_____.
7. The process of embracing who you are is called self-_____.

Essay Questions

8. List detail three strategies for overcoming the “fish-out-of-water” feeling.
9. How can marketing impact someone’s ability to be true to themselves?
10. Write a paragraph giving an example of marketing that makes people feel they are not good enough. What is the product being sold? What is it supposed to do?